

PSR teacher pack

The session template, the scoring scale, a parent letter to adapt, and what to do when a session goes sideways.

For teachers running PSR Version 1.0 · September 2026

Before the first session

- Read the four sample sessions and pick the one that fits your class first — the order is not fixed.
- Tell students plainly that nothing here is graded and no answer is reported to anyone.
- Send the parent letter home in the week before you begin.

The session template

Phase	Minutes	What the teacher does
Situation	5	Read the situation once. Resist explaining it.
Private choice	5	Every student writes what they would actually do. No discussion.
Pooling	10	Collect anonymously; sort responses on the board.
The distinction	10	Name the idea the session turns on. One idea only.
The task	10	Agree one small act for the week; write it where it will be seen.

Scoring scale used by the cohort assessment

Value	Meaning
3	Consistently, at some cost to self
2	Usually, when it is not costly
1	Occasionally, prompted
0	Rarely or not at all

Indicator weights and definitions are published in full: instituteofgoodness.org/downloads/goodness-index-rubric.csv

Parent letter (copy and adapt)

Dear parent or guardian,

This term our class begins PSR — Personal Social Responsibility — a short weekly session on character developed by the Institute of Goodness with faculty from IITs, IIMs and TISS.

There is no grade, no test and no report on your child. Each week the class works through one real situation and agrees one small act to practise. You will sometimes hear about these at home; that is the point.

You are welcome to ask to see the material at any time. It is also published openly at instituteofgoodness.org.

With warm regards,

The class teacher

Common difficulties

“Students say what they think I want.”

Keep the private-choice phase silent and anonymous. Read pooled slips without comment.

“One student dominates.”

Pool in writing before any talking. The board, not the loudest voice, sets the agenda.

“It turns into moralising.”

End every session on an act, not a conclusion. If the class cannot name the act, the session is not finished.

“Parents ask if this is religious.”

It is not. The Institute is neutral by charter — no political or religious alignment in any programme.