

PSR curriculum sample

Four complete sessions from the Personal Social Responsibility curriculum, grades 6–8, with the run of each session and what it is for.

Grades 6–8 Four sessions Version 1.0 · September 2026 For school leadership

This sample contains four complete PSR sessions from the grades 6–8 band, one for each of four foundations. The full curriculum runs twelve sessions a term across kindergarten to grade 12 and needs no new period on the timetable: each session is designed to sit inside an existing pastoral, library or homeroom slot.

How PSR is assessed. Never individually. A cohort takes an anonymous Goodness Score at the start and end of the term; the school sees the pattern across five foundations, and no child's score is stored against their name.

The five foundations in one table

Foundation	What it means	What a session practises
Integrity	Alignment of word and action when no one is watching.	States the inconvenient fact when silence would cost nothing.
Responsibility	Ownership of outcomes beyond one's own role.	Steps into shared work that is slipping without being asked.
Compassion	Noticing and responding to the needs of others.	Registers who is excluded, and acts on it.
Respect	Regard for people, time and difference.	Lets a speaker finish and answers the point actually made.
Stewardship	Care for shared resources and the future.	Carries waste to a bin; refuses casual littering.

Session 1 · Integrity — The ₹240 that was not charged

Students meet a bill that is short in their favour and work out, in pairs, what they would actually do — then what they would want done to them.

Run of the session (40 minutes)

1. Open with the situation read aloud; no discussion for 60 seconds.
2. Pairs write the action they would take, privately, on a slip.
3. Slips are pooled and read anonymously; the class sorts them into four columns.
4. Teacher introduces the distinction between being caught and being consistent.
5. Task for the week: correct one small thing that fell in your favour.

What the session is for

Students can state the difference between an honest act and an unobserved act, and can name one of their own.

Materials

slips of paper, board, one phone for the civic step

Assessment

anonymous cohort score only — no individual grade is ever recorded for PSR

Session 2 · Responsibility — The streetlight nobody reports

A fault in shared space that everyone sees and nobody owns. The session ends with an actual report filed.

Run of the session (40 minutes)

1. List faults the class walks past daily; keep the list on the board.
2. Vote on one that is genuinely fixable this month.
3. Find the responsible authority together — municipal app, ward office, school office.
4. File the report in class, on one phone, with the class watching.
5. Track the outcome for four weeks in a corner of the noticeboard.

What the session is for

Students have filed one civic report and can explain who is responsible for a shared fault and how to reach them.

Materials

slips of paper, board, one phone for the civic step

Assessment

anonymous cohort score only — no individual grade is ever recorded for PSR

Session 3 · Compassion — The person who eats alone

Attention as a skill: noticing who is at the edge of a room, and what it costs to cross it.

Run of the session (40 minutes)

1. Silent observation task in the previous week's break: who was alone?
2. No names are ever said aloud; counts only.
3. Discuss why noticing is harder than caring.
4. Role-play the first thirty seconds of an invitation, twice, swapping roles.
5. Task: one invitation, this week, to someone outside your group.

What the session is for

Students can describe the difference between pity and inclusion, and have made one specific invitation.

Materials

slips of paper, board, one phone for the civic step

Assessment

anonymous cohort score only — no individual grade is ever recorded for PSR

Session 4 · Stewardship — The wrapper and the empty room

Two small habits — waste and energy — measured in the school itself for a week.

Run of the session (40 minutes)

1. Groups audit one corridor, one classroom and the grounds for a week.
2. Record only counts: bins, wrappers, lights and fans left on in empty rooms.
3. Plot the numbers; predict next week's numbers after one intervention.
4. Run the intervention the class chooses; re-measure.
5. Present the two weeks to another class in five minutes.

What the session is for

Students have produced a before-and-after measurement of their own behaviour in shared space.

Materials

slips of paper, board, one phone for the civic step

Assessment

anonymous cohort score only — no individual grade is ever recorded for PSR

Bringing PSR to your school

The pilot cohort is free for the first 500 schools ahead of the 2028–29 national rollout: a curriculum licence for one grade, a teacher pack, a two-hour orientation and a written review at the end of the term. Register at instituteofgoodness.org/schools.html.